



## Let s Talk: Feelings

By Sue Nicholls

Speechmark Publishing Ltd, United Kingdom, 2009. Cards. Book Condition: New. 1st New edition. 124 x 88 mm. Language: English . Brand New Book. This book presents a card game to enable people to become more aware of their feelings. For adults and children; With individuals or in small groups, home, school (eg circle time, learning support), therapy; Adaptable: 5 min ice breaker to 6 separate workshop sessions; and it can be played with a dice Covers a range of feelings, for example angry, jealous, calm, disappointed, overwhelmed, proud, frustrated. The cards are in 6 sections: 1. Give an example of when you felt? 2. Situation cards. How would you feel if.? 3. You are feeling. How would you show it? 4. Dealing with different emotions. 5. Helping friends to deal with different feelings. 6. Other people s feelings.



## Reviews

Without doubt, this is the very best function by any writer. It typically will not charge too much. I discovered this publication from my dad and i encouraged this pdf to discover.

-- Clement Stanton

Very useful to any or all group of folks. It really is rally interesting through reading through period of time. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Mrs. Dorris Wintheiser