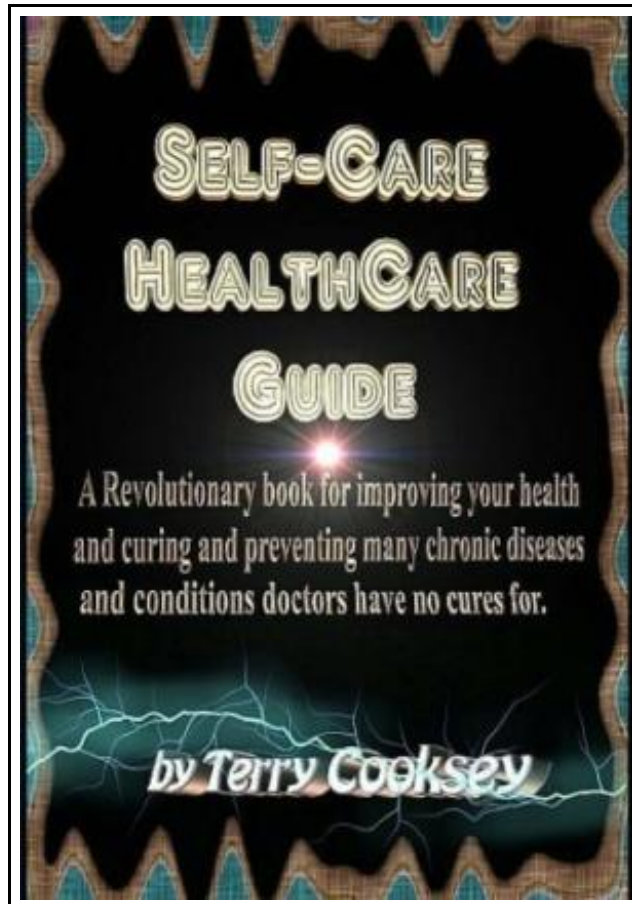# Self-Care Healthcare Guide: A Health and Food Guide to Cure and Prevent Most Diseases and Medical Conditions (Paperback)

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