



Self-Esteem or Vanity?: A Christian s Guide to Confidence. (Paperback)

By Charles Peterson

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand ******. Self-Esteem is a driving force in American Culture. Many believe that it is the secret to great power and wealth. How does a Christian build self-esteem and confidence in their lives? Is self-esteem even something a Christian should desire to build? When I was adopted at the age of four, I left behind everyone and everything I thought I was. My name, my identity and all that I was changed when my adopted parents took me from Beckley WV to Baltimore MD. Just a couple of years later my adopted mom died of cancer. Ultimately I was raised by a single parent alcoholic who constantly yelled at and belittled me with attacks on my intelligence and worth. As a result of my timid demeanor and lack of confidence, I was made fun of, chased, chastised, ridiculed and outcast just because I was different. Trust me, I know what it means to suffer from what psychologists call low self-esteem . I struggled with abandonment and self-worth issues for years as a result of my tumultuous childhood. These issues lead...



Reviews

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