



## For My Wife: Creative Patterns, Colouring for Grown-Ups (Paperback)

By Mia Harper

Bright Bold Publishing, United Kingdom, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.BONUS RELEASE DATE REVISION 31ST JANUARY 2016 - TO ALL PURCHASERS AS AN EXTRA SPECIAL THANK YOU FOR PURCHASING MY BOOK/S YOU WILL BE IN RECEIPT OF A BONUS QUALITY BUMPER PACK INSTEAD OF THE ORIGINAL STANDARD PACK. PLEASE USE THE URL AT END OF YOUR BOOK FOR YOUR MEGA PACK DOWNLOAD AT END OF JANUARY 2016. STOP - TAKE CONTROL OF YOUR STRESS LEVELS COLOUR TO CALM - BE CREATIVE Do you find you need to switch off from the noisy world and find your own quiet corner of calm? If this is you there s no better way than to pick up this amazing adult colouring book of 30 creative patterns to help you escape from the day s pressures. You ll become engrossed in these designs for meditative colouring. The colouring book for grownups has abstract, traditional and geometric patterns. Some Advantages of Colouring Books for Grownups Colouring will keep you focussed in the present moment and allow your creative side to emerge. As you become absorbed in the colouring of shapes and...



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