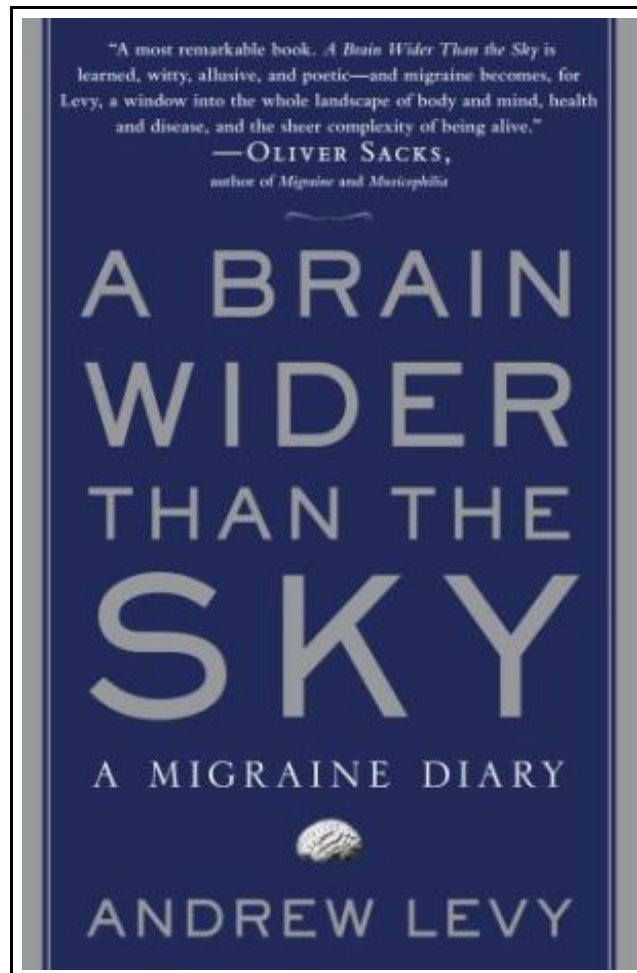


A Brain Wider Than the Sky: A Migraine Diary



Filesize: 4.54 MB

Reviews

Great electronic book and useful one. Better then never, though i am quite late in start reading this one. You can expect to like the way the author compose this ebook.
(Matteo Johnson)

A BRAIN WIDER THAN THE SKY: A MIGRAINE DIARY



Simon & Schuster. Paperback / softback. Book Condition: new. BRAND NEW, A Brain Wider Than the Sky: A Migraine Diary, Andrew Levy, With more than one in ten Americans--and more than one in five families--affected, the phenomenon of migraine is widely prevalent yet often ignored or misdiagnosed. For Andrew Levy, his migraines were occasional reminders of a persistent illness that he'd wrestled with half his life. Then in 2006 Levy was struck almost daily by a series of debilitating migraines that kept him essentially bedridden for months, imprisoned by pain and nausea that retreated only briefly in gentler afternoon light. When possible, he kept careful track of what triggered an onset and in luminous prose recounts his struggle to live with migraines, his meticulous attempts at calibrating his lifestyle to combat and avoid them, and most tellingly, the personal relationship a migraineur develops--an almost Stockholm syndrome-like attachment--with the indescribable pain, delirium, and hallucinations. Levy researched how personalities and artists throughout history--Alexander Pope, Freud, Virginia Woolf, even Elvis--dealt with their migraines and candidly describes his rehabilitation with the aid of prescription drugs and his eventual reemergence into the world, back to work and writing. An enthralling blend of memoir and provocative analysis, "A Brain Wider Than the Sky "offers rich insights into an illness whose effects are too often discounted and whose sufferers are too often overlooked.



[Read A Brain Wider Than the Sky: A Migraine Diary Online](#)



[Download PDF A Brain Wider Than the Sky: A Migraine Diary](#)

You May Also Like



Hawk: Occupation: Skateboarder

HarperCollins Publishers Inc. Paperback / softback. Book Condition: new. BRAND NEW, Hawk: Occupation: Skateboarder, Tony Hawk, Sean Mortimer, For Tony Hawk, it wasn't enough to skate for two decades, to invent more than eighty tricks,...

[Save Document »](#)



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the...

[Save Document »](#)



Dirty Larry

Children's Press(CT). Paperback / softback. Book Condition: new. BRAND NEW, Dirty Larry, Bobbie Hamsa, Donna Catanese, Rookie Readers have provided entertaining, high-quality introductions to reading for more than a generation. Each title features full-color, often...

[Save Document »](#)



Splintered

Abrams. Paperback / softback. Book Condition: new. BRAND NEW, Splintered, A G Howard, This stunning debut captures the grotesque madness of a mystical under-land, as well as a girl's pangs of first love and...

[Save Document »](#)



Mom Has Cancer!

Barron's Educational Series. Paperback / softback. Book Condition: new. BRAND NEW, Mom Has Cancer!, Jennifer Moore-Mallinos, Marta Fabrega, The sensitively written " Letas Talk About It Books " encourage preschool-age and early-grades children to explore...

[Save Document »](#)