



# The Heart Of The Bitter Almond Hedge Sutra

By Thanissara

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 74 pages. Dimensions: 9.0in. x 6.0in. x 0.2in. This poem weaves together contrasting themes; that of our deepest heart, which feels the intimacy of all things, and the walls the mind constructs, which separates all things. This paradox is contextualized by the Heart Sutra with its revelation of a seamless world, and the Bitter Almond Hedge, planted around Cape Town by early European Settlers in their attempt to keep Africa out. As the hedge became internalized, eventually birthing Apartheid, it inflicted a devastating wound against human sensitivity, empathy and justice. This denial of our profound interconnectedness is now moving to its horrific conclusion in the Global Apartheid of a macro Petro-Empire which rages against the Earth and her magnificent and bounteous species. Throughout the poem we hear the haunting voice of the 1st Nation San as their decimated spirits roam landscapes, left lonely, without the great herds of wildlife. As we glimpse the majestic beauty of these ancient lands, we are encouraged to reclaim our wounded souls and hearts. We are also implored to resist the march of ecocide, before it is too late. While this...



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